

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
Estimated average burden hours per response:	0.5

1. Name and Address of Reporting Person * <u>Howes Paul L</u> (Last) (First) (Middle) 2700 RESEARCH FOREST DRIVE SUITE 100 (Street) THE WOODLANDS TX 77381 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>NEWPARK RESOURCES INC [NR]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <u>President and CEO</u>
	3. Date of Earliest Transaction (Month/Day/Year) 03/08/2013	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	03/08/2013		M		31,200	A	\$8.08	398,533	D	
Common Stock	03/08/2013		S		7,392 ⁽¹⁾	D	\$9.09	391,141	D	
Common Stock	03/08/2013		S		1,000 ⁽¹⁾	D	\$9.1	390,141	D	
Common Stock	03/08/2013		S		400 ⁽¹⁾	D	\$9.11	389,741	D	
Common Stock	03/08/2013		S		100 ⁽¹⁾	D	\$9.1101	389,641	D	
Common Stock	03/08/2013		S		100 ⁽¹⁾	D	\$9.1104	389,541	D	
Common Stock	03/08/2013		S		5,000 ⁽¹⁾	D	\$9.1105	384,541	D	
Common Stock	03/08/2013		S		4,008 ⁽¹⁾	D	\$9.12	380,533	D	
Common Stock	03/08/2013		S		2,100 ⁽¹⁾	D	\$9.1201	378,433	D	
Common Stock	03/08/2013		S		1,000 ⁽¹⁾	D	\$9.13	377,433	D	
Common Stock	03/08/2013		S		5,100 ⁽¹⁾	D	\$9.14	372,333	D	
Common Stock	03/08/2013		S		5,000 ⁽¹⁾	D	\$9.15	367,333	D	
Common Stock								25,000	I	by Trust

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Non-Qualified Stock Option (right to buy)	\$8.08	03/08/2013		M			31,200	(2)	03/22/2013	Common Stock	31,200	\$0.0	0	D	

Explanation of Responses:

- The securities were sold pursuant to a Rule 10b5-1 Plan adopted by the Reporting Person in order to exercise an option grant which is expiring on March 22, 2013.
- The shares underlying the option vested annually over three years beginning on the first anniversary of the date of grant. The option became fully exercisable on March 22, 2009.

By: Jennifer F Wilson For: Paul L Howes 03/11/2013

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

