FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 20549

OMB APP	ROVAL
	2005.0

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* WHITE DOUGLAS L					2. Issuer Name and Ticker or Trading Symbol NEWPARK RESOURCES INC [NR]								heck all a Dir	plicablector	Reporting Per	son(s) to Issu 10% Ow Other (s	/ner	
(Last) (First) (Middle) 9320 LAKESIDE BOULEVARD					3. Date of Earliest Transaction (Month/Day/Year) 05/23/2019									below) Controller, CAO, PAO				
SUITE 100 (Street) THE WOODLANDS TX 77381				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(5	State)	(Zip)															
		Tak	ole I - No	n-Deriv	ative	e Se	curities	s Acc	quired, D	ispo	osed o	f, or Be	neficia	lly Owi	ned			
Date			Date	th/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year		, Transaction Dispose Code (Instr. 5)		rities Acquired (A) ed Of (D) (Instr. 3, 4		4 and Secu Bene Own		Forr (D)	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership		
								Code V	, ,	Amount	mount (A) or (D)		Tran	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
			Table II -						ired, Dis options					y Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	se (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date, 1	I. Fransaction Code (Instr. 3)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amour of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative Security			10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisable		piration te	Title	Amount or Number of Shares					
Restricted Stock Units	\$0.0	05/23/2019			A		16,766		(1)		(1)	Common Stock	16,766	\$0.0		45,960	D	

Explanation of Responses:

1. The restricted stock units vest in increments of one-third of the shares on June 1 of each subsequent year after grant.

By: Jennifer F. Wilson For: 05/28/2019 Douglas L. White

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.